



# Support for people living with disability



Real Connections



## Who we are.

HCO is an independent and not-for-profit specialist disability service provider.

We're built on genuine connections with the people we support, and our community.

Our highly skilled team work alongside people living with disability and families, to help them live their best life, the way they want.

## What we do.

Help enable quality home and community life through:

- Supported Independent Living
- In-home Support
- Short Term Accommodation
- Community Access Programs
- Support Coordination.

We work with children, adults and young people living with disability, and their families, so talk to us about how we can best meet your needs.

## Support Coordination.

Children and adults with an NDIS plan have access to our Support Coordinators, who are here to help you understand and implement plans.

We assist you to source community and funded supports, and work with you to contact providers to find the right supports on your NDIS journey.

## Community Access Programs.

We provide an excellent range of individual and group activities for adults living with disability. With a strong focus on the creative and performing arts, people can enjoy a choice of dance, music, woodwork, gardening, swimming, catering and other recreation programs.

Talk to us about individual programs for adults, children and young people based on your goals.

For more information about how we can help you or your loved one, let's connect today.

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# Supported Independent Living.

We provide access to housing and support for people living with a disability to live on their own or with others as independently as possible.

Support is provided by qualified, skilled staff for up to 24/7, to help people achieve their individual goals.

# In-home Support.

We offer personalised support to people living independently in the community. Some typical areas of support by qualified, skilled staff include:

- Menu plan and meal preparation
- Managing household tasks
- Assisting with budgeting, shopping and personal care.



**“My experience with HCO has been fantastic. They have taken on board all requirements for my son who is loving both respite and Day Option programs. All staff are approachable and go out of their way to cater for our needs.”**  
– Gill.



# Short Term Accommodation (Respite).

People with disability who live with their families can enjoy Short Term Accommodation in a purpose-built home in Mt Barker, in the beautiful Adelaide Hills.

Guests can stay overnight or for longer periods to experience a home away from home environment.

We offer other break options too, so call us so we can help with your needs.

**“HCO support my sister in housing and activities. We find the carers to be wonderfully supportive, both to Rachael and our family, allowing her to have a happy, fulfilling life by meeting her short and long-term goals.”**  
– Wendy.

