

Community connections

HCO's Community access program offers immense benefits for people living with disability, providing opportunities for social engagement, skill development, and personal growth in a supportive and structured environment. Our program is designed to cater to a wide range of abilities and interests, ensuring that each Client feels empowered and included.

In addition to the social aspect, HCO offers skill-building activities that promote independence and self-confidence. Whether it's learning new hobbies, engaging in physical exercise, or developing practical life skills, Clients are given the chance to explore their potential in a positive and nurturing environment.

This sense of achievement can be empowering, helping individuals build the confidence to take on new challenges both within the program and in their everyday lives.

By participating in our Community access program, people living with disabilities are not only improving their quality of life but also discovering new ways to contribute to their communities and achieve greater independence.

Our objective is to build a welcoming and dynamic community where everyone can succeed, and we hope you will be able to join us soon.



HCO Community access



Real connections

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Activities

People living with disabilities can engage in activities that stimulate their creativity, improve their communication skills, and foster a sense of belonging, all while surrounded by professionals trained to meet their unique needs.

We offer a range of activities, both at the Community Centre, woodworking at the Shed in Hahndorf and out within the broader community, to help Clients stay engaged and active. These include regular visits to museums, art shows and cultural events.

For those who enjoy the outdoors, we organise walks in the park, swimming, lawn bowls, and other sensory-based activities.

At the Centre, we offer a variety of activities tailored to individual interests. These include art programs, crafts, cooking, and catering, as well as dance, movement to music, and sensory learning games. We also provide yoga, peer-supported advocacy programs, and life skills training such as computer use, safety, and basic literacy.