

Living your best life

HCO is built on genuine connections with the people we support, and our community.

We are an independent and not-for-profit specialist disability service provider.

Since its foundation in 1995, HCO has established itself as a highly respected and trusted, not-for-profit specialist disability service provider.

Initially supporting people with an intellectual disability in community homes, HCO has grown to provide a range of disability support services to a diverse Client group.

HCO enables quality home and community life through:

- Home and Living
- Community Access Programs
- Home Support
- Short-Term Respite
- Recreation Programs.

We work with people living with disability and their families, so connect with us about how we can best meet your needs.

All of our highly skilled team have successfully completed NDIS Worker screenings and other essential training to enable them to work alongside people living with disability and families, to help you live your best life, the way you want.

“ My experience with HCO has been fantastic. They have taken on board all requirements for my son who is loving both respite and Day Option programs. All Staff are approachable and go out of their way to cater for our needs. ”

Gill

“ HCO support my sister in housing and activities. We find the Staff to be wonderfully supportive, both to Rachael and our family, allowing her to have a happy, fulfilling life by meeting her short and long-term goals. ”

Anne

“ HCO provides a supportive and caring environment....a second family. ”

Carol



Real connections

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Supporting people living with disability





Home and Living

At HCO, we believe your home should feel safe, comfortable, and truly yours.

With Supported Independent Living (SIL) and Specialist Disability Accommodation (SDA) options, we can help you live the way you want – whether that's with others or on your own.

Choose from accessible, purpose-built SDA homes or comfortable shared houses, with qualified staff available up to 24/7 to support you with daily living, personal care, and building independence.

We'll take the time to get to know you, match you with the right home and housemates, and make sure your support is tailored just for you.

Community Access

HCO's Community Access service is based in Mount Barker and offers a broad range of Centre-based and Community-based activities.

The accessible and modern facility caters to the needs of Adelaide Hills local people living with disability, giving you the opportunity to engage with the local community.

With a strong focus on the creative and performing arts, you can enjoy a choice of dance, music, woodwork, gardening, swimming, catering, as well as many other activities.

Home Support

We offer personalised support enabling you to continue living independently and confidently in your own home and engaging with your local community.

Some typical areas of support by qualified, skilled Support Workers might include:

- menu plan and meal preparation
- managing household tasks
- assisting with budgeting, shopping and personal care.

HCO can support you to continue living life to the fullest, reaching your goals, feeling safe and supported in your own home, in-line with your NDIS goals and funding.

Short-Term Respite

People living with a disability who live with their families can enjoy a variety of short-term respite options.

All respite options are located within the Mount Barker residential area within walking distance, or a short drive to local shops, sporting grounds, the Mount Barker township and the Mount Barker district hospital and clinics.

Guests can stay overnight, or for longer periods, based on your family's individual needs, to experience life in a relaxed home away from home environment.

It is the ideal environment for a short holiday-like stay or as a first step towards moving into independent accommodation.

There are plenty of indoor and outdoor activities provided to ensure all guests have a pleasant stay, while our Support Workers also support you to help build your daily life skills.

Respite locations feature:

- Large garden outdoor areas
- Spacious well-appointed bedrooms
- Multiple easy-access bathroom areas
- Safety and security details throughout.

Please connect with us about your particular situation so that we can create a solution that works for you and your family.